

# KNOX UNITED CHURCH



*Minister: Rev. Sandra Cox*

*Music Director:*

*John Lindsay-Botten*





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# **OUR MISSION**

**TO SHARE GOD'S LOVE  
BY LIVING THE TEACHINGS OF JESUS:**

showing mercy,  
promoting justice,  
offering forgiveness,  
acceptance, and hope.







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# INTO CHURCH

Worship returns to

10:30 a.m.



# Name Tags

Name Tags are located right outside the sanctuary doors.

*We encourage everyone to wear a name tag so that others might get to know you. If you don't have one, you can find all the supplies in the Narthex to create your own.*

*Knox Fellowship Committee*



# ***Knox News & Reflections*** *(our monthly newsletter)*

***SEPTEMBER***  
*edition available*  
***TODAY***

***Submissions for October  
edition due Sept 29<sup>th</sup>***



# SEPTEMBER MEETINGS

## WORSHIP TEAM

Tuesday Sept 10<sup>th</sup> 7:00 p.m.

## SPIRITUAL OVERSIGHT COMMITTEE

Tuesday Sept 17<sup>th</sup> 7:00 p.m.

## CHURCH COUNCIL

Tuesday Sept 24<sup>th</sup> 7:00 p.m.

A background image of a tea set. On the left, a teacup and saucer are decorated with a vibrant floral pattern of pink and yellow roses. To the right, a white ceramic surface features the text 'Ladies' Afternoon Tea & Craft' written in a red, cursive script. The overall scene is softly lit, creating a warm and inviting atmosphere.

# TIME OUT FOR LADIES

*Ladies' Afternoon  
Tea & Craft*

**WEDNESDAYS AT 1 – 3 PM**

*~ All Welcome ~*





# **sundayschool**

**Registration begins Sept 8<sup>th</sup>**





*Adult Bible  
Fellowship*

Like to join a small Group?  
come visit us at  
Adult Bible Fellowship Time  
Wednesday Nights at 7 p.m.  
Starts Sept 11<sup>th</sup>



*Spirit  
Song*

*Knox choir for  
young voices*

*will soon be starting  
a new and exciting  
year of music making.*

*Practices Sundays*

*at 9:40 - 10:15 a.m. in Room 9*

*beginning Sept 15<sup>th</sup>*

*Children and youth of any age  
are welcome.*



# MEALS MINISTRY

SERVING GOD THROUGH SERVING OTHERS

**COME** *Community Outreach  
Meal Event*

**Next FREE Community Meal  
Thursday Sept 19<sup>th</sup> 4:30 to 6 p.m.  
All Welcome – Spread the word**



**Bedford Brass Quintet in concert at Knox  
Sunday, September 29<sup>th</sup>, 2 p.m.**

Admission information TBA. Stay tuned on Facebook.





**Sackville Concert Band + special guests**  
**Friday, October 18th, 7 p.m. (Jim Forde, director)**  
General admission by donation:  
Suggested price \$20 adults, \$5 -\$10 Children/students

# Takeout Turkey Soup Luncheons



*Return Tuesday October 1<sup>st</sup>*



**If you would like to add  
your name to those who  
will make carrots cakes  
or donate veggie please  
contact Janice Newhook**

**See Knox News and Reflections for details**



Every Monday night 5:00-7:00pm

# Freedom Kitchen

A community providing hope and free food

**THE TRUCK IS ROLLING IN**  
**October 7<sup>th</sup> 5 – 7pm**

Sackville Library Parking Lot

For all the details visit [facebook](#) or speak with  
Caroline Gallop or Rainie Murphy

**Visit the Freedom Kitchen on Facebook to volunteer or for more details.**



Brunswick Street Mission



# 13th ANNUAL MISSION BREAKFAST

With Lt. Gen. ROMÉO DALLAIRE (ret)

Humanitarian at Home



Wed Oct 9 '19 • 730am • \$100/Ticket or \$1,000/Table of 10  
Pier 21 (1055 Marginal Rd. Halifax) • Order Today 902.423.4605  
Order On-Line [www.brunswickstreetmission.org](http://www.brunswickstreetmission.org)

Show your support for  
**Brunswick Street Mission**  
by attending the  
**13<sup>th</sup> Annual Mission Breakfast**  
**Wednesday Oct 9<sup>th</sup>**

*We hope to have at least one full table from Knox. Don Farmer will assure that all attendees from Knox will be seated together.*





# THE MEN OF THE DEEPS

*Christmas in the Mine*

NOVEMBER 24 - KNOX UNITED - 7PM - \$40 + service charge  
567 Sackville Drive, Lower Sackville. Net proceeds to Knox Ministries

***Saturday Nov 23<sup>rd</sup> 6 p.m.***

***Sunday Nov 24<sup>th</sup> 7 p.m.***

***BOTH SHOWS SOLD OUT***

# Attention



**Please use caution when entering Knox parking lot.  
Solar panels are being installed  
on the roof of the sanctuary.**



# Hearing Aid Loop

The signal can be received directly by cochlear implants or hearing aids that have a T coil. We also have 3 “listeners” that can be signed out from the Welcome Table, but we encourage you to bring your own ear buds. For more information speak to a Duty Elder or Ted McIldoon.

*Thanks to all who helped with the grant application and installation.*



# Scripture Reading

**If you are willing to read scripture at our  
Sunday morning worship services, please  
pass on your name to Florence Carman**

***Email ~ [flo.carman@gmail.com](mailto:flo.carman@gmail.com)***

***Phone ~ 902-865-0409***



# PRAYER CHAIN



**If you need a prayer, call our prayer  
chain lead, Cathy Heighton**

**at 902-865-0001**

*(please leave a message and it will be  
acted on in a timely manner)*

# BEACON HOUSE DONATIONS

Located at 470 Cobequid Road

## Top 10

- ✓ *Canned fruit*
- ✓ *Canned beans*
- ✓ *Boxed cereal*
- ✓ *Baby Food*
- ✓ *Canned Stew*
- ✓ *Spaghetti*
- ✓ *Juice*
- ✓ *Canned corn*
- ✓ *Peanut butter*
- ✓ *Hygiene products*



***Beacon House***

Food Banks  
Canada



*is a proud member of Feed Nova Scotia and Food Banks Canada*



# BROADVIEW

has arrived at Knox



*Broadview represents the evolution of **The United Church Observer:** after 190 years of publishing, the magazine has been updated for the future.*

***Copies are available now.***



# *Eldon's Soups & Sandwiches*

Soups, Sandwiches & catering

567 Sackville Drive

902-449-7171

[facebook.com/eldonsdiner](https://www.facebook.com/eldonsdiner)

[eldons@eastlink.ca](mailto:eldons@eastlink.ca)

*H*  
*Eldon Turner*

Chef

*Where no one dines alone*



# PEW CUSHIONS AVAILABLE

Wooden pews can be hard to sit on so please feel free to borrow a cushion.

Made from memory foam folded in pillowcases for easy washing.

You can find them  
in the box  
in the  
Narthex  
Coat closet



# Knox Welcomes Motion Dance Centre To our lower level





**As we gather for worship we remember that in this region we live and work and worship on lands that are the unceded territory of the Mi'kmaq.**



**May we live with respect in this land  
and live in peace with its peoples**



**Overflow  
Parking**

**Florence Street** is available when extra parking is needed to attend Knox activities. *Please be a good neighbour and leave parking at our surrounding businesses for their customers.*



## How is your stewardship **PAR**ticipation?

Have You  
Considered  
PAR?

Information brochures/  
application forms  
are available in the pews and the narthex.

Current *PAR* participants can easily  
increase their monthly commitment by  
contacting the envelope secretary,  
David Moore at 920.864.0447.



# SCENT FREE ZONE

Please remember

**Knox's NO SCENTS policy**

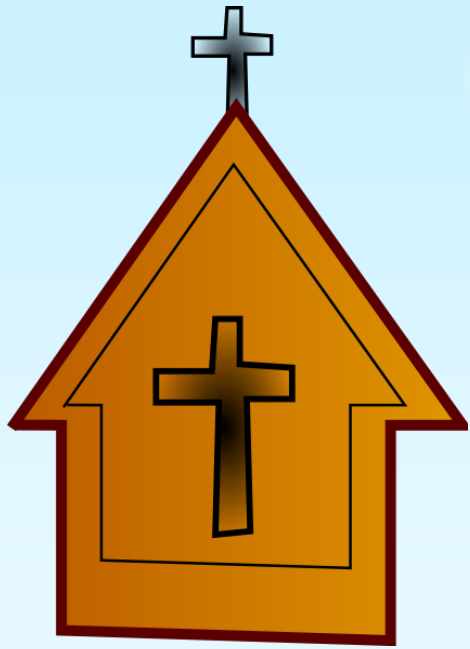
TO HELP THOSE WHO ARE SCENT SENSITIVE  
INCLUDING SCENTED DEODORANTS AND COLOGNES  
THANK YOU



**Knox United Room Bookings**  
September is **HERE** and with it a  
return to all the exciting fall  
programs.

IF YOU HAVE NOT ALREADY  
DONE SO, PLEASE CONTACT THE  
OFFICE WITH ANY DETAILS AND  
DATES REGARDING THE RETURN  
TO OUR FALL SCHEDULES.





# CHURCH OFFICE INFO

**Church Office Hours**

***Mon, Wed, Thurs & Fri***

***9:00 a.m. – 1:00 p.m.***

***Tuesday 11 a.m. – 1 p.m.***

**Please note:** Information to be distributed/announced on a Sunday morning must be received by the office no later than **Wednesday morning.**

**OFFICE PHONE NUMBER - 865-9216**



Would you like to keep up on  
the events at Knox United?



## Sign Up for our Email List

Share your email address  
with the office to be included in  
the weekly email blasts.  
You can also keep informed by  
visiting facebook and website.

