

KNOX UNITED CHURCH

Welcome



Minister: Rev. Sandra Cox

Music Director: John Lindsay-Botten



~

OUR MISSION

**TO SHARE GOD'S LOVE
BY LIVING THE TEACHINGS OF JESUS:**

showing mercy,
promoting justice,
offering forgiveness,
acceptance, and hope.






INTO CHURCH
Worship each Sunday at
10:30 a.m.

Name Tags

Name Tags are located right outside the sanctuary doors.

We encourage everyone to wear a name tag so that others might get to know you. If you don't have one, you can find all the supplies in the Narthex to create your own.

Knox Fellowship Committee



Christian Fellowship

**Please join us for Fellowship Time
in the narthex following the service.**

***Thanks to those who provide treats
and prepare the tea & coffee.***



Knox News & Reflections *(our monthly newsletter)*

NOVEMBER
edition available
TODAY

***Submissions for December
edition due Nov 24th***



Join the Story.



sundayschool

**Welcome back to the
GO! Curriculum
*Registration is ongoing***



*Spirit
Song*

*Knox choir for
young voices*

*has started
a new and
exciting
year of music making.*

Practices Sundays

at 9:40 - 10:15 a.m. in Room 9

*Children and youth of any age
are welcome.*



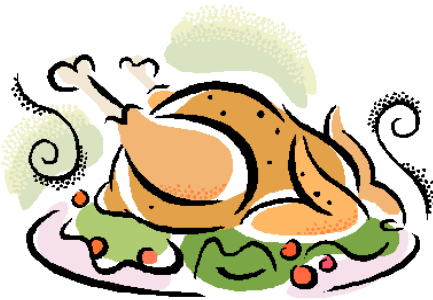
KNOX UNITED CHURCH



ANNUAL TURKEY SUPPER & SALE

Saturday November 30, 2019

We've had a great response for turkey supper donations! But there are a couple of things we are still in need of:



- **Baking PIES**
- **Cooking TURKEYS**



We count on everyone in the congregation to make this annual event a success

KNOX UNITED CHURCH ANNUAL TURKEY SUPPER & SALE



**We need an army of people to help us
make this event a success.**

**Please sign up on the posters in the
narthex if you can help out in any way.**

TEAM LEAD Meeting Nov 17th following church



Sunday evenings at 7-8:30pm

Every second week

Nov DATES - Nov 3 & Nov 17

Youth grades 6 to age 19

join us for another great year!

Every Monday night 5:00-7:00pm

Freedom Kitchen

A community providing hope and free food

We are up and running!

Each Monday evening from 5 – 7 p.m. a free meal will be served from the truck at the Sackville Library Parking Lot.

To volunteer or for more information visit “Freedom Kitchen” on Facebook or speak to Caroline Gallop or Rainie Murphy



November

MONTHLY MEETINGS

SPIRITUAL OVERSIGHT COMMITTEE

Tuesday Nov 19th 7:00 p.m.

CHURCH COUNCIL

Tuesday Nov 26th 7:00 p.m

A background image of a tea set. On the left, a teacup and saucer are decorated with a vibrant floral pattern of pink and yellow roses. To the right, a white ceramic surface features the text 'Ladies' Afternoon Tea & Craft' in a red, cursive script. The overall scene is softly lit, creating a warm and inviting atmosphere.

TIME OUT FOR LADIES

*Ladies' Afternoon
Tea & Craft*

WEDNESDAYS AT 1 – 3 PM

~ All Welcome ~



*Adult Bible
Fellowship*

Like to join a small Group?
come visit us at
Adult Bible Fellowship Time
Wednesday Nights at 7 p.m.

MEALS MINISTRY

SERVING GOD THROUGH SERVING OTHERS

COME *Community Outreach
Meal Event*

**Next FREE Community Meal
Thursday Nov 21st 4:30 to 6 p.m.
All Welcome – Spread the word**

A person wearing a white tank top is shown from the chest up, with their hands pressed together in a prayer position (Anjali Mudra) in front of their chest. The background is a soft, out-of-focus light color.

**Gentle YOGA Stretches
& Relaxation**

EVERY SATURDAYS

10-11 a.m.

Knox Boardroom

Bring your yoga mat, a pillow and blanket

For more info contact Cathy H 865-0001



THE MEN OF THE DEEPS

Christmas in the Mine

NOVEMBER 24 - KNOX UNITED - 7PM - \$40 + service charge
567 Sackville Drive, Lower Sackville. Net proceeds to Knox Ministries

Saturday Nov 23rd 6 p.m.

Sunday Nov 24th 7 p.m.

SOLD OUT – Check your tickets to make sure you arrive for the right date/time

A wooden chalice stands on the left, and a slice of bread is on the right. Both are on a white cloth with a red border. The background is white.

*NEXT SUNDAY
November 24th
Reign of Christ
Sunday*

Holy Communion

AFFIRMING MINISTRY PROCESS



Sunday Nov 24th
*Voting to take
place following
the worship
service.*

Knox Property Redevelopment Presentation

Dalhousie School of Architecture and Planning



The students will present their findings from the October 9th meeting

at **Dalhousie University O'Brien Hall**

(corner of Morris St. and Barrington St.)

on **Wednesday, November 27th, at 10:30 a.m.**

Knox members are welcome and encouraged to attend.

Knox Annual Turkey Supper & Sale **Saturday Nov 30th 4:30-6:00**



- **TURKEY PICK UP
AND DONATIONS DROP
OFF – Next Sunday**
- **PEELER PARTY**
Friday Nov 29th 6pm
Bring Your Own Peeler

***THANKS to EVERYONE for EVERY donation.
We couldn't do this without you!
For all the details, please see the display in the Narthex.***



KNOX UNITED CHURCH



ANNUAL TURKEY SUPPER & SALE

Saturday November 30, 2019

Sale Doors open at 3:30 p.m.

Supper Tickets sales 4 p.m.

Supper from 4:30 – 6 p.m.

Takeout available
starting at 4:45 p.m.

Adults \$13

Children \$5 (12 yr and younger)





Please speak talk to Eleanor or Rainie if you are willing to help out with this fun event!

**Join Mr. & Mrs. Claus for
Breakfast
with the Clauses
Saturday Dec 7th
8:30 – 11 a.m.
Cost \$5 per person**



MENU

*Pancakes or
toast, bacon,
eggs, juice,
coffee & tea*



EnChor East

*returns to Knox for their
2019 Christmas Concert*

Sunday, Dec 8th

with guests:

Bedford Brass &

the Halifax Honour Choir

tickets at [Eventbrite.ca](https://www.eventbrite.ca)

Container Pick Up



Thanks so much to those who have provided baked goods throughout the fall.

If you are missing your favourite baking/serving dish, it might just be here.



Please check the kitchen to collect your container

Linens Round Up

Thank you to those who take home and wash our kitchen laundry. We need all the tablecloths, dish towels and cup towels we can get for the turkey supper so, if you have brought some home,

please return them by Nov 24th.

Takeout Turkey Soup Luncheons



returning Tuesday February, 4 2020



**We need to expand our
call list for drivers for
the take-out turkey
soup luncheons.**

If you are willing to help

*(for approximately one hour at lunchtime
the first Tuesday of the month)*

please call Paige Moore at 902-864-0447

BEACON HOUSE DONATIONS

Located at 470 Cobequid Road

Top 10

- ✓ *Canned stew*
- ✓ *Canned soups*
- ✓ *Soap*
- ✓ *Diapers*
- ✓ *Tea*

- ✓ *Canned fruit*
- ✓ *Crackers*
- ✓ *Granola Bars*
- ✓ *Juice*
- ✓ *Canned Meat*



Beacon House

Food Banks
Canada



is a proud member of Feed Nova Scotia and Food Banks Canada

BEACON HOUSE

2019 CHRISTMAS CAMPAIGN



100 Boxes of
Pancake Mix
needed for
Christmas Boxes

Thanks for your
support!

Kitchen food and health standards



- *Please note the new signage in the kitchen regarding food storage and cleaning.*
 - *Hair nets are required during any kind of food preparation.*
- For more info see Knox News and Reflections.*

PRAYER CHAIN



**If you need a prayer, call our prayer
chain lead, Cathy Heighton**

at 902-865-0001

*(please leave a message and it will be
acted on in a timely manner)*

Hearing Aid Loop

The signal can be received directly by cochlear implants or hearing aids that have a T coil. We also have 3 “listeners” that can be signed out from the Welcome Table, but we encourage you to bring your own ear buds. For more information speak to a Duty Elder or Ted McIldoon.



Thanks to all who helped with the grant application and installation.



Scripture Reading

**If you are willing to read scripture at our
Sunday morning worship services, please
pass on your name to Florence Carman**

Email ~ flo.carman@gmail.com

Phone ~ 902-865-0409



Eldon's Soups & Sandwiches

Soups, Sandwiches & catering

567 Sackville Drive

902-449-7171

facebook.com/eldonsdiner

eldons@eastlink.ca



Eldon Turner

Chef

Where no one dines alone

PEW CUSHIONS AVAILABLE

Wooden pews can be hard to sit on so please feel free to borrow a cushion.

Made from memory foam folded in pillowcases for easy washing.

You can find them
in the box
in the
Narthex
Coat closet



As we gather for worship we remember that in this region we live and work and worship on lands that are the unceded territory of the Mi'kmaq.



**May we live with respect in this land
and live in peace with its peoples**



**Overflow
Parking**

Florence Street is available when extra parking is needed to attend Knox activities. *Please be a good neighbour and leave parking at our surrounding businesses for their customers.*



How is your stewardship **PAR**ticipation?

Have You
Considered
PAR?

Information brochures/
application forms
are available in the pews and the narthex.

Current *PAR* participants can easily
increase their monthly commitment by
contacting the envelope secretary,
David Moore at 920.864.0447.

SCENT FREE ZONE

Please remember

Knox's NO SCENTS policy

TO HELP THOSE WHO ARE SCENT SENSITIVE
INCLUDING SCENTED DEODORANTS AND COLOGNES
THANK YOU



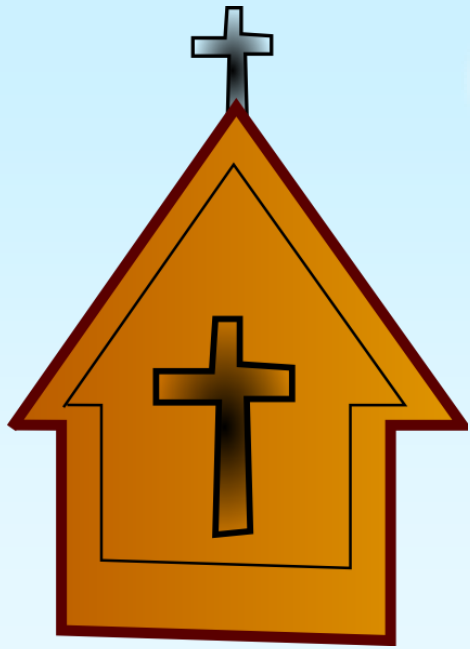
Knox United Room Bookings

**KNOX IS A BUSY PLACE SO MAKE SURE
YOU BOOK SPACE IF YOU ARE
PLANNING ON MEETING OR USING ANY
OF THE ROOMS AT THE CHURCH**

**BE CONSIDERATE OF OTHERS
USING THE BUILDING .**

**BE SURE TO LOCK UP WHEN
YOUR MEETING/EVENT IS
OVER!**





CHURCH OFFICE INFO

Church Office Hours

Mon, Wed, Thurs & Fri

9:00 a.m. – 1:00 p.m.

Tuesday 11 a.m. – 1 p.m.

Please note: Information to be distributed/announced on a Sunday morning must be received by the office no later than **Wednesday morning.**

OFFICE PHONE NUMBER - 865-9216

Would you like to keep up on
the events at Knox United?



Sign Up for our Email List

Share your email address
with the office to be included in
the weekly email blasts.
You can also keep informed by
visiting facebook and website.

